

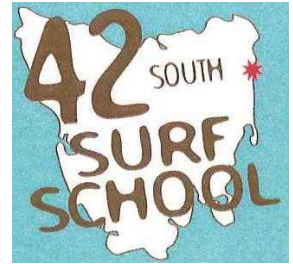
9/9/11

42 South Surf School
182 Scamander Avenue
SCAMANDER 7215

Phone: 03 63725 744

Mobile: 0419 120 704

Email: 42southsurf@gmail.com



42 South Surf School will conduct a National Coaching Accreditation Scheme (NCAS) level 1 Surf riding Coaching Accreditation Courses in 2011. These courses will cover the necessary theory components of the NCAS and the level 1 sports specific requirements of Surfing Australia. Participants will then be required to complete the necessary practical hours. NCAS approved courses are recognised internationally and nationally as the standard for coaching.

Course Dates: Saturday 15th – Sunday 16th October 2011 White Sands Estate

Course Convener: Chris Collins

Course contents:

- | | |
|------------------------------|--------------------------------|
| *the role of the coach | *surfing injuries & prevention |
| *program planning | *skill acquisition |
| *basic instructional methods | *equipment |
| *demonstration procedure | *physical conditioning |
| *duty of care (legalities) | |

You will need to bring your own surfboard, wetsuit, towel etc as some sessions are practical and you will be required to enter the water. You should also bring a pad and pen. The course fee pays for: Australian Coaching Council Accreditation (2 years), course manual, course notes, venue hire, lecturers, lunch Saturday. (* NOTE: Basic Surfing ability is a requirement of the qualification)

Course Fee:

\$420.00 . Full Time Students /Centre Link **\$350**

Each course starts at **9.00am sharp** and finishes at 4.00pm Saturday and 2.00pm Sunday. You should organise your own accommodation if required. Accommodation is available at Scamander Sanctuary Caravan Park ph. 63 725 311.

Contacts: Gary 63 725 744 Mob. 0419 120 704

Applications without payments will not be accepted.

If you wish to enroll in the course starting on the **15th October 2011** at **WHITE SANDS ESTATE**.

To register simply reply to this email and an invoice will be forwarded. Please note all monies to be paid by Friday **7th October 2011**.

